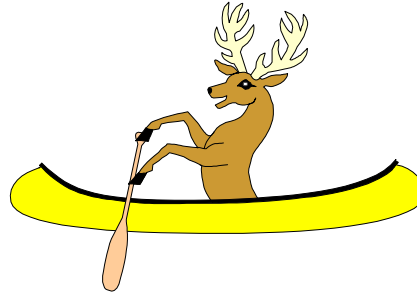


Hart Canoeing



Offers

LAKEWATER CANOE COURSES FOR YOUTH GROUPS AND LEADERS

All courses are run according to the standards of the Recreational Canoeing Assoc. of BC and all participants that complete the course receive RCABC certification.

The Basic course for leaders consists of two levels; **Basic Tandem and Basic Solo.**

This course, which usually takes two full days plus a three-hour evening pool safety session (subject to availability), is normally done over one weekend (16-20 hours). After completing this course, and some additional paddling practice on their own, leaders may then be prepared to take the Advanced course. This two-day course also consists of two levels: Advanced Tandem and Advanced Solo but a pool session is not necessary.

For **youth a Day Trip** is included with each basic level course!

A basic tandem course for youth typically takes a full weekend starting with a two-hour pool session, usually on a Friday evening (subject to availability). Saturday is a full day of instruction and theory and Sunday is the day trip. The trip allows for a relaxed and fun environment in which to both practice what was learnt the day before and to introduce a few new skills.

The basic solo course is the same format except without the pool session.

Leaders are allowed and encouraged to take their certification with their youth but will then only obtain the one level that the youth obtain instead of two, as in the leaders course.

Equipment: You may use your own, your districts etc. or I have two canoes and can rent four others from my former scout group. I have lots of paddles and PFDs but if you have your own please bring them along.

2002 DISCOUNTED COURSE RATES FOR YOUTH GROUPS AND LEADERS

(Subject to change)

Leaders Basic Tandem & Solo (Two Days and Pool/theory Session).....	\$90.00
Leaders Advanced Tandem & Solo (Two Days and evening theory session).....	\$90.00
Youth Basic Tandem (Two Days and Pool Session, includes trip).....	\$55.00
Youth Basic Solo (Two Days, includes trip).....	\$55.00
Youth (Ventures) Basic Tandem & Solo (Two Days and Pool Session).....	\$75.00
Leaders taking the course with their youth.....	\$75.00

The maximum group size is nine people, the minimum is six.

Bonus: the 9th person is **free** (youth rate)

Other options for groups with fewer people are: you could combine with another group, or I may have other people on a waiting list who might be willing to join in with your group

Your Instructor: Jim Hartwick is an RCABC Certified Flatwater instructor with over twelve years of canoe instructor experience.

For more information or to make a booking please call **Jim** at **(604) 855-7734** hartcanoeing@shaw.ca